

## Ministry Care Line

Kettering Counseling Care Center, a part of the Kettering Health Network in Dayton, Ohio operates a national 800 number phone service for pastors, teachers, staff, and their spouses and children.

This Ministry Care Line service is offered on a subscription basis to church professionals in organizations or groups with a minimum of 15 participants.

The purpose of **Ministry Care Line** is to give church professionals and their immediate family members, confidential access to the support and consultation a trained Christian mental health worker can provide. In addition, national directories for referrals to local Christian mental health professionals are maintained in the Ministry Care Line phone center.

The phone line is designed to function as part of an organization's employee assistance program. Employee assistance plans enable a happier and more productive work force and often lower utilization of costly medical health benefits. Ministry Care Line aims to not only do this, but also to help the church fulfill the scriptural command to "bear one another's burdens" (Galatians 6:2) for its own clergy, teachers, and other staff members.

Ministry Care Line phone consultants are available on a daily schedule, Monday thru Friday, including some evening hours.

This service was inaugurated February 1992 with about 1,000 employees in 7 organizations. There are currently over 4,500 eligible employee participants plus family members in about 40 subscribing organizations.

As a promotion, subscribers receive a Ministry Care Line quarterly eNewsletter to remind employees of this service. Each eNewsletter presents a helpful book or other resource available without charge to employees who request it.

There are three subscription financial options to choose from:

**Option 1:** Per person yearly fee. Billed at the beginning of each year.

**Option 2:** Utilization only. Fee per call billed quarterly.

**Option 3:** Combination. Lower per person yearly fee (billed at the beginning of the year) plus lower per call charge (billed quarterly).

## Testimonials

*"Ministry Care Line stands in the gap for front line pastors by giving them a confidential place to share."*

– Ivan Williams, Ministerial Director, North American Division of Seventh-day Adventists

*"I'm glad you are here—I really need to talk to someone."*

– Pastor, Allegheny East

*"The consultant I talked with was so good at helping me make a difficult choice."*

– Teacher, New York

*"I am supportive of the care Ministry Care Line provides our church employees."*

– Dan Jackson, President North American Division of Seventh-day Adventists

**Contact us for a subscription application or for more information.**



## Phone Consultants

Staff members who are the voice of Ministry Care Line include:



### Nestor Bruno

Masters in Theology and Psychology, River Plate University, Argentina. Mental Health Certifications from M.R.I., Palo Alto, California and University of Wales with Newbold College, United Kingdom. Fluent in Spanish, English and Portuguese



### Bob Peach

M. Div. Andrews University; M.S. in Marriage and Family Counseling, Wright State University; D. Min., Fuller Theological Seminary in Pastoral Counseling and Family Ministries



### Amy Ortiz-Moretta

MSE, University of Dayton in community counseling. Bilingual: Spanish-English



### Daryll Ward

M.Div. Andrews University, Ph.D. University of Chicago in Systematic Theology, Certified Alcoholism Counselor, licensed minister, Professor of Theology and Ethics, Kettering College



### Mary Appenzeller

licensed psychologist, PhD, Walden University, Maryland, registered nurse



### Richa Stevens

psychiatric nurse, Loma Linda University, MPH, pastor's wife



### Lorraine Beaven

MS, University of Maryland in Psychiatric Nursing, Psychiatric Nursing Instructor, Kettering College (retired).

## 12 Day Intensives Restoring Balance

There is so much that happens to those working in Christian vocations that can push them way off balance. Whether it is a catastrophic emotional blow or years of stress and pressure.



Church workers are not immune from pain and problems. There is often a need for counseling services to be provided for Church employees in a more concentrated format than a weekly session allows. The most popular format is our "Twelve Day Intensive."

During Intensives, there will be a daily two hour individual or couples session with our psychologist, Nestor Bruno, to focus therapeutic energy on what changes are desirable to the participants. Plus, Nestor will help clients to design activities during their stay which will also serve to bring a sense of balance back to their lives. Approximately 20 session hours are spent with the psychologist during the normal 12-day program. The resources of Kettering Medical Center and the community of Dayton, Ohio will all be available to facilitate activities that will be helpful to the participant.

Intensives are usually arranged so participants arrive in Dayton on the Sunday afternoon or evening before the scheduled Monday morning start of their program. Participants are generally finished by noon on the final Friday. Intensives can begin any time of the year to suit the needs of the psychologist and participant.

Housing is provided in a comfortable suite hotel in a south Dayton suburb near the Dayton Mall. Food service is received in one of the Medical Center dining rooms. All costs are included in the Intensive fee (call or check our web page for the latest cost to an individual or couple). The participant is advised to bring their car, or rent one if flying to Dayton International.

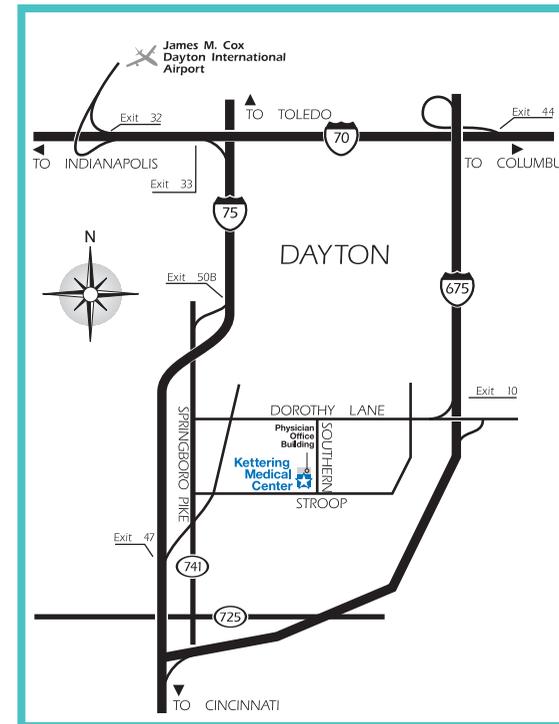
Here are comments from recent Intensive clients:

*"Before we came to the program, we had given up on the process of having a happy marriage. But after this 12 Day program we are leaving with HOPE."*

*"We think you guys are great. You are friendly, caring, and professional."*

*"What was most helpful was being able to make plans to avoid falling into the same old holes over and over again."*

Perhaps an Intensive with us is the right thing for you to consider. Please call and talk to Nestor Bruno, he can help you decide if this is right for your situation.



## Ministry Care Line Kettering Health Network

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## MINISTRY CARE SERVICES



 **KETTERING**  
Health Network™